

Dr. David Krohse



Dr. David Krohse (rhymes with cozy) grew up in Cedar Rapids and received a Magna cum Laude Doctor of Chiropractic degree from Palmer College of Chiropractic. While enrolled there, he attended over 200 hours of additional seminars and elective classes in the topics of sports injury care and extremity adjusting. For nearly two years, Dr. Krohse practiced at a highly regarded chiropractic clinic in Mount Vernon, Washington where he gained experience treating patients of all ages as well as high school, college, and endurance athletes from a variety of sports. His focus on clear communication and a teamwork approach to care enables patients to rapidly regain and maintain their health.

"I went in a skeptic and came out a believer."

- Sheila Lacy, Des Moines

"The pain is gone within one month! Unbelievable - thanks a bunch!"

- Mark Ohnemus, Carlisle

"I have received injections in my knees for three years and physical therapy on my back and nothing has helped either as much as the ART with Dr. Krohse."

- Marcus Mattox, All-American Hammer Thrower

Are you unsure if chiropractic or ART care can help you? Do you want a demonstration of how chiropractic and ART work? Call today for a free, no-obligation consultation.

Why Compass Chiropractic?

Unique Experience

With experience providing hands-on and instrument-assisted chiropractic care in a top notch clinic along with the ability to provide both chiropractic and ART, Dr. Krohse offers patients the most advanced and effective conservative care. Visit www.CompassChiro.com to read testimonials from patients of Dr. Krohse.

Promptness in Service

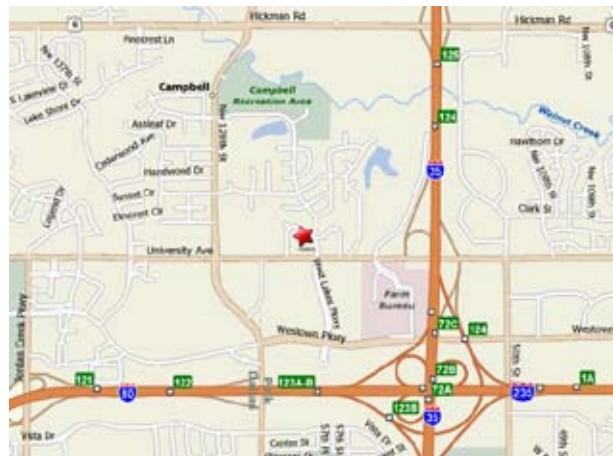
When you call our clinic, we will schedule you for an appointment as soon as possible - often the same day.

Insurance Coverage

Yes, most insurance companies cover chiropractic care. We will be glad to check on your benefits after you supply us with the necessary information. We also accept Medicare, personal injury/automobile accident cases, and work injuries.

Location

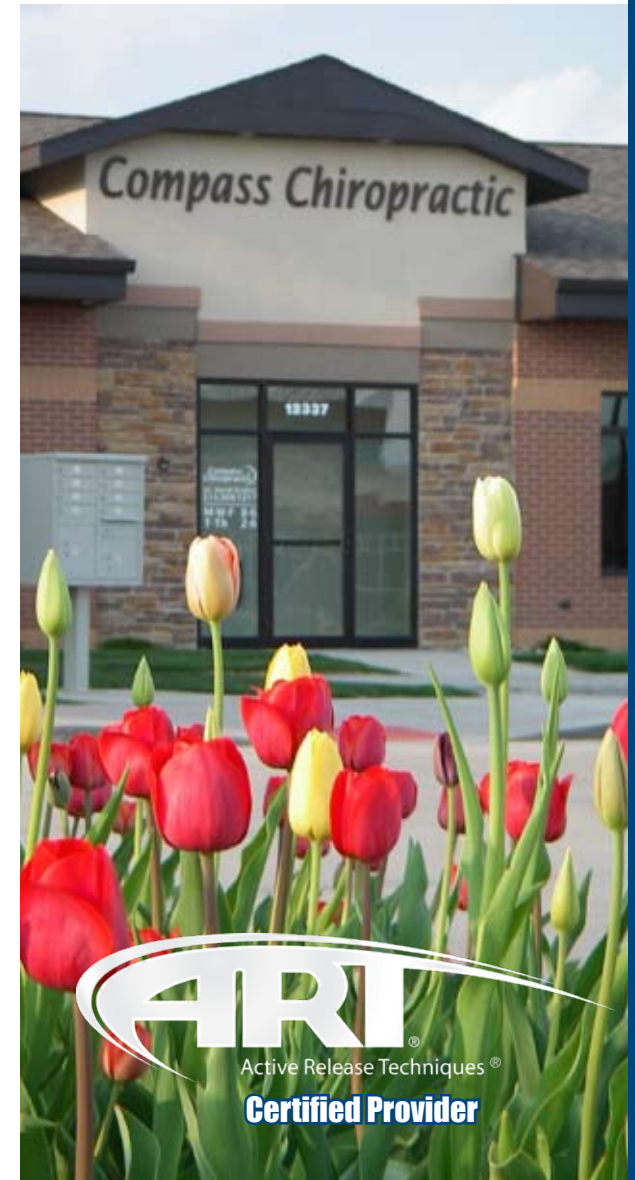
Compass Chiropractic is conveniently located just off of University Avenue in Clive, just up 124th Street from the Boston's Restaurant by the Clive water tower.



(515) 309-1217 · Fax: (515) 327-8635

12337 Stratford Drive · Clive, Iowa 50325

Compass Chiropractic



ART
Active Release Techniques®
Certified Provider

www.CompassChiro.com

Guiding Central Iowa to a Healthier Future

Our Specialties

- Family Care
- Sports Injury Care
- Automobile Accident Care
- Work Injury Care

Active Release Technique (ART) is a patented, highly



Chiropractic

Many choose safe and effective chiropractic care first for conditions ranging from back pain, neck pain, and headaches to arm and leg conditions such as carpal tunnel syndrome and shoulder or ankle instability. Chiropractic is based on the scientific fact that your entire body is controlled by your nervous system. When spine, leg, or arm joints stop moving correctly, they can irritate nerves and other tissues in the area, causing pain and malfunction. Chiropractors are trained to detect these dysfunctional joints and correct them with adjustments. Decreased pain, improved joint function, and better health are the result. Natural, drug-free therapies such as ART, rehabilitative stretches and exercises, and custom orthotics are also available at Compass Chiropractic to restore and support your health.



effective soft tissue technique combining patient motion and muscle stretching with provider-applied pressure into problem soft tissues (muscles, ligaments, and tendons). This combination generates greater tension than either massage or stretching alone and effectively breaks up scar tissue and muscle adhesions. Providers learn over 500 specific protocols to provide permanent resolution of a variety of conditions including headaches, back pain, carpal tunnel syndrome, shin splints, shoulder pain, sciatica, plantar fasciitis, knee problems, and tennis elbow.

Dr. David Krohse is one of just a few certified ART providers in the state of Iowa. Consider ART for quick resolution of a new soft tissue injury, or if you have been putting up with ongoing soft tissue injury symptoms such as pain, tightness, numbness, or tingling.

- We value every person's right to try



Our Values

low-risk, highly-effective conservative care options such as chiropractic and ART before higher risk treatments such as drugs and surgery.

- We value each patient's right to work toward full recovery from injury and respect them as they choose whether to maintain their regained health with continued care.
- We value our patients' personal preferences in choosing hands-on or instrument-assisted chiropractic adjustments.
- We value our patients' time and make every attempt to meet their needs and stay on time with appointments.
- We value our patients' finances and focus on providing care with the highest effectiveness at a fair cost.
- We value this wonderful community and strive to be positive contributors in it.
- We value patient referrals and are thrilled to surprise them with our service, care, and treatment effectiveness.
- We value the power of a positive environment and look forward to brightening your day!

1. On your first visit a detailed history will

New Patients

be taken and a thorough examination will be performed. The exam will include chiropractic, orthopedic, neurologic, and functional muscle tests as well as x-rays if indicated to determine your condition.

2. Dr. Krohse will explain the examination findings and report whether your condition is likely to benefit from chiropractic and/or ART care. If so, you will be given a specific plan of care.
3. How long you enjoy better health through our care is always up to you.